

Master Class in Pelvis & Pubic Pain

Day 1	
8.30 - 9.00	Registration
9.00 - 10.30	Introduction and APBC philosophy
10.30 - 10.45	Tea/Coffee break
10.45 - 11.45	Cause and effect of subluxation degeneration, Contraindication of Manipulation (ข้อห้ามของการทำ Manip)
11.45 - 13.00	- Practice Differential diagnosis between lumbar pain and SI-J pain, - APBC Leg length testing - APBC Muscle testing
13.00 - 14.00	Lunch break
14.00-14.30	- Pelvis Pain problem - Technique for Posterior/Anterior Innominate
14.30 - 15.30	Practice APBC Leg length testing, APBC muscle testing, Posterior/Anterior Innominate
15.30 - 17.00	Iliac Manipulation (Iliosacrum manipulation) + ฝึกปฏิบัติ - Technique for IN/ EX Ilium

Day 2	
9.00-10:00	Sacrum Manipulation (Sacroiliac Manipulation) + ฝึกปฏิบัติ - Technique for PR /PR Sacrum
10:00 - 11.00	Study about Pubic pain condition - Technique for PSD (Pubic Symphysis Dysfunction), Pelvis floor dysfunction or pain after gave birth
11.00-11.15	Tea/Coffee Break
11.15-13.00	Practice & lecture - Manipulation for Spondylolisthesis - L5 -S1 Anterior Disc bulge - L5-S1 Facet syndrome - Rehabilitation for Spondylolisthesis
13.00-14.00	Lunch Break
14.00 - 15.30	Practice & Lecture - Manipulation Technique for L5-S1 Posterior Central Disc Bulge & Exercise Rehabilitation
15.30 - 16.30	- Study coccyx pain, Coccydynia - Practical Coccyx Manipulation
16.30-17.00	ปิดการอบรม ถ่ายรูป รับใบประกาศ